Dance Party

Goal: Create your own dance while having a growth mindset!

You will need:

- Music
- Paper and pen

How to play:

- Create a dance for a favorite song.
- Be creative and have fun while making up a dance.
- Decide the type of moves, the number of counts for each move, and the directions for each move that go along with your song.

To think about:

- Add math to your dance:
 - Include how many steps, counts, or seconds to hold or move.
 - Include what way to turn and how that was different from the prior position.
 - Include the spatial directions for each move. For example: left/right, up/down, forward/backward.
 - Make shapes with your hands and feet.
- Try out a new dance move. Either one you make up or find online. Was it difficult to learn? Did you have a growth mindset while learning?
- Teach a friend or family member your dance.

