## One Page

Goal: Make your own book page!

## You will need:

- Paper
- · Color pencils, markers, or paints

## What to do:

- Fold a piece of paper in half and draw a line on the fold.
- Think about a time you have faced a difficulty, challenge, or when you have learned something new.
- On top of the page draw yourself when you faced the difficulty, challenge or new skill. Show where the situation was, what happened, and who else was around.
- On the bottom half draw yourself figuring it out. How did you learn the new skill? Overcome the difficulty? Get past the challenge? Make sure to include where you were, what you did, and who was around.

## To think about:

- What emotions did you feel when you faced the challenge and what emotions did you have when you overcame the challenge? Show them in your drawings.
- What, if any, help did you receive? Who helped you and how do you think they felt? Show their emotions in your drawings.
- Describe your drawing using spatial relationship words. Use words like above, between, under, beside.





