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You're invited to join in the fun of the *10 Minutes till Bedtime*. The traveling hamsters show up while the boy and his hamster are getting ready for bed. With all of these distractions will the boy and his hamster make it to bed on time?

**Ages:** 2 to 7 years

**Interest Level:**

Toddler to 2nd Grade

**ATOS Reading Level:**

Not available

**Lexile:** NP

**ISBN:** 9780399237706

**Copyright:** 2001

**Genre:** Fiction

**Classification:** Picture Story Book

# 10 Minutes till Bedtime

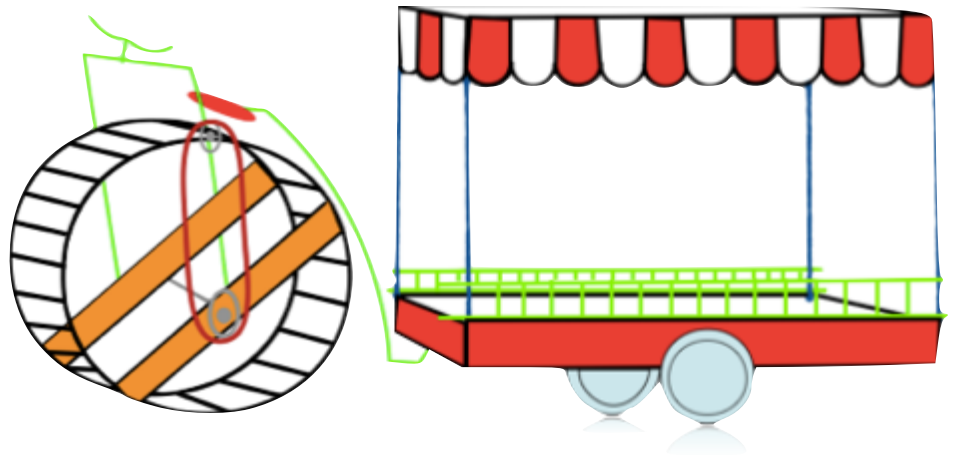
*The traveling hamsters have arrived. Will the boy who lives at 1 Hoppin Place get to bed on time?*

**Topics:** counting, counting down, time, patterns

**Math Connections:** Use *10 Minutes till Bedtime* to introduce and talk about time, counting to 10 and counting backwards from 10. If your child doesn't already count to ten, ask them to repeat numbers one to ten as you count out loud. Use your fingers as a visual representation of the numbers as you count. Say 1 and show 1 finger, say 2 and show 2 fingers, etc.; ask your child to copy your words and actions. After counting to ten, count down to 1. If your child needs help, ask them to say with you, 10, 9, 8... Use your fingers as a visual representation. For example, say 10 and show all 10 fingers up, say 9 and put down one finger, etc...

After reading the story, talk about how one minute is 60 seconds long. Ask your child what they think a person could do in one minute. Encourage your child to pick 5 different activities such as bouncing a ball, writing the numbers 1 to 10, or jumping up and down. Ask your child to estimate how many times they can do each activity in one minute. Set a timer for one minute and find out! Make sure to reset the timer for each new activity. Talk with your child about their estimates and the actual amount of times they were able to perform the activity during the one minute timer.

Explore time with your child during their bedtime routine. Ask your child to estimate how long their bedtime routine takes. Time the different activities that your child does before bedtime. For example, time how long it takes to brush their teeth, take a shower, get a drink of water, and put on their pajamas. Talk with your child about how long their whole bedtime routine took and compare it to their estimate. Ask if they think their routine ever changes and if that affects the amount of time it takes to get ready for bed.



**Extension Questions:**

1. Can you spot the hamsters that are wearing the orange-striped jerseys numbered 1 to 10? See if you can count all ten on each page!
2. How many times can you find a gorilla in this book?
3. How many hamsters spend the night?
4. How many different activities does the boy at 1 Hoppin Place do during his 10 minutes before bedtime?
5. Do you think that everything that happened in this book could really happen in ten minutes? Why or why not?

<b>Vocabulary for Building Math Concepts</b>	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, all, eight, five, four, minutes, more, nine, one, seven, six, ten, three, two
<b>Vocabulary for Extending Math Concepts</b>	time
<b>Vocabulary for Reading Comprehension</b>	abroad

**Early Math Project Resources:**

[One to Ten \(English\)](#)

[Uno a diez \(Spanish\)](#)

**Online Resources:**

[Math Picture Book Guide from Dreme Stanford](#)

**Spanish Title:** Faltan 10 minutos para dormir

**Copyright:** 2003

**ISBN:** 9789802572762

**Also available in:** French, German, Chinese

**Related Books:** *Ten, Nine, Eight* by Molly Bang, *Ten Little Ladybugs* by Melanie Gerth

**Find this book at your local library:** [https://www.worldcat.org/title/10-minutes-till-bedtime/oclc/55056587&referer=brief\\_results](https://www.worldcat.org/title/10-minutes-till-bedtime/oclc/55056587&referer=brief_results)



Age Level	Related Preschool Foundations and CA State Standards
Infant/ Toddler	<b>Number Sense</b> The developing understanding of number and quantity.
Preschool/TK	<b>Number Sense</b> <a href="#">1.1</a> Recite numbers in order with increasing accuracy. <a href="#">1.2</a> Recognize and know the name of some written numerals. <a href="#">1.4</a> Count objects, using one-to-one correspondence (one object for each number word) with increasing accuracy.
Kindergarten	<b>Counting and Cardinality</b> <a href="#">K.CC.1</a> Know number names and the count sequence.
Grade 1	<b>Number and Operations in Base Ten</b> <a href="#">1.NBT.1</a> Extend the counting sequence. Measurement and Data <a href="#">1.MD.3</a> Tell and write time.
Grade 2	<b>Measurement and Data</b> <a href="#">2.MD.7</a> Know relationships of time (e.g., minutes in an hour, days in a month, weeks in a year).

